



# Mental Health Arts Contest

Join Active Minds and The Ridge Review for our inaugural art contest to raise awareness for mental health at our school.

Due Date: October 31st, 7:30am

Winner to be featured in "The Ridge Review," and awarded a gift card of choice

## Criteria:

- Piece should shine a spotlight on mental health.
- Visual art, written works and recorded performance are all acceptable formats.
- Must be able to be submitted digitally (a photograph of artwork will be accepted as a preliminary submission)

Submission form:

